Volunteers Needed for Research Study on PHYSICAL THERAPY Interventions for Parkinson's Disease

Are you living with Parkinson's Disease and experiencing increase in falls, loss of balance and difficulty with walking?

We are seeking participants for a research study exploring potential new Physical Therapy treatment intervention to manage Parkinson's symptoms.

You May Qualify If You

- aged 40–80 yr old
- Diagnosed with Parkinson's Disease
- Have balance and walking problem but ability to walk indoors with or without assistive device
- Have intact thinking capacity to consent to participation in the research study.

Potential Benefits

Participating in this study may

- Improve their balance
- Improve posture
- Reduce fall risk
- Improve walking and endurance
- Improve cognition and quality of life
- Improve psychological well-being

Participation Involves

- 5-weeks including:
- Baseline visit and assessment and post treatment assessment
- Interventions: Two 50 min Physical Therapy sessions twice a week for 3 weeks of intervention along with home exercise program that is expected to follow 4 days a week.

Location: California State University, Mobile Health Unit or Gait Balance and Mobility Clinic - McLane Hall 104, 111, Fresno CA 93740

Recruited Participants in the study will

be given a \$50 gift card for study completion



FOR MORE INFORMATION

Please contact: Principal Investigators: Dr. Nupur Hajela (nhajela@mail.fresnostate.edu, 559-278-1509) or Dr. Ellen Woo – (ewoo@mail.fresnostate.edu, 559-278-5124).